

Strong Families Safe Kids

Building the Strengthening
Families Protective Factors



Protective factors are strengths within families & communities that serve to protect children & promote their healthy development & well-being, especially during times of stress. Building these strengths at every opportunity is a proven way to strengthen families & prevent child abuse & neglect.



Children's Trust Fund

Missouri's Foundation For Child Abuse Prevention

Strong Families, Safe Kids

ctf4kids.org

Make **9** TIME for



9 Children need **meaningful touches** every day to feel connected.

The **9 minutes of the day** that can make all the difference:

- The first **3 minutes** after children wake up & see you
- The first **3 minutes** after coming home for the day
- The last **3 minutes** of the day before they go to bed

Turn these minutes into warm, happy moments!

9 Children need at least **minutes of face-to-face talk time** each day.



Learn more at
ctf4kids.org
missourifamilies.org

