

Children's Trust Fund Child Abuse & Neglect Prevention Conference – April 15-16, 2019 – Columbia, MO

Conference Agenda/Program

Monday, April 15, 2019

8:30 a.m.-5 p.m. **Registration Opens/Exhibits**
Garden Conference Center Lobby (southeast entrance)

10 a.m. **Welcome**
Sycamore/Cypress
Emily Van Schenkhof, CTF Executive Director

10:15 a.m.-12:15 p.m. **Opening Plenary (all attendees)**
Sycamore/Cypress

General Session Plenary Speakers

Three prominent leaders in the field of child abuse and neglect prevention will present teaser and general information about their specific workshops specific to child maltreatment, fatherhood & infant child abuse/neglect fatalities.

Why Write a Book for the Public on Child Maltreatment?

Melissa Jonson-Reid, PhD, MSW

Ralph and Muriel Pumphrey Professor of Social Work Research, Brown School at Washington University

After the Cradle Falls: What Child Abuse Is, How We Respond To It, and What You Can Do To Help (author)

St. Louis, MO

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Prior to academia, **Dr. Jonson-Reid** practiced as a social worker in both domestic violence and school-based settings in California. She served as a public school program administrator operating programs for vulnerable children and youth including Foster Youth Services, a school-based support program for youth in child welfare and probation foster care. Much of her published work has focused on identifying ways to improve policy and program/services responses to childhood abuse and neglect to support healthy behavioral, educational and health outcomes. Her work also includes partnerships with community-based organizations evaluating preventive approaches within existing service systems such as early childhood home visitation, medical homes for youth in care and school-linked services. Her most recent book "After the Cradle Falls..." is co-authored with her husband Professor Brett Drake and is unique in its targeting of a lay and policy audience to build awareness and encourage a more proactive response to child abuse and neglect. She directs the newly funded Center for Innovation in Child Maltreatment Policy, Research and Training, as well as the Social Work doctoral program, at the Brown School and teaches courses on child maltreatment and statistical analyses. Outside of work, she and Brett are proud parents of two sons, one in college and another a freshman in high school. They enjoy the outdoors, gardening, repurposing antiques and other arts and crafts, and caring for their three rescue dogs -- Butterscotch, Dakota and Scooby.

Plenary Description

Why would a couple of researchers start down a path to write a book for the public on child abuse and neglect? Publishers wondered whether anyone would even read it; was it worth their time? This plenary presentation talks about the rationale for bringing the topic of child maltreatment into the public discourse and lessons learned from attempting this. Some highlights in relation to our values, beliefs and sometimes misconceptions are provided that can hinder the important work of prevention and intervention.

Learning Objectives

- Understand why abuse and neglect can be difficult to define and discuss in ways that resonate with the public and policy stakeholders
- Understand some key points about the limits of our current attempts to prevent and intervene and what this means for advocating for resources
- Begin to identify ways in which the public, practitioners, administrators, policy makers and researchers can work together to "move the needle" in addressing this prevalent and costly public health problem

Inspiring Responsible Fatherhood: To Prevent Child Abuse and Neglect

Halbert Sullivan

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St. Louis, MO

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Halbert Sullivan is the Founding President/CEO of Fathers' Support Center St. Louis (FSC). FSC was founded in 1997 and the aim is to promote the fathers' involvement in their children's lives through intensive job training, group therapy, community service, and parenting workshops. Since its inception, FSC has served more than 14,000 fathers and their families, transitioning non-participating fathers to a position of involvement and equity in the lives of over 40,000 children. Mr. Sullivan has been widely recognized for his dedicated service, including awards from the NAACP, the Missouri Association for Social Welfare, and the Governor of Missouri. In 2017, Mr. Sullivan received the Martin Luther King Jr. Social Service Award presented by St. Louis University and the Urban League of Metropolitan St. Louis; the National Service to Community presented by the National Fathers and Families Coalition of America and the 2017 Nonprofit Executive of the Year Award at the 18th Annual Salute to Excellence in Business Awards & Networking Luncheon. At the 19th Annual International Fatherhood Conference (June 2017), Mr. Sullivan received The Lifetime Achievement Award for exemplary leadership in the field of Fatherhood Development. Mr. Sullivan has served as the Primary Investigator or Co-Investigator on several research projects, including Engaging Fathers in Positive Parenting, Family Formation & Employment Placement; Healthy Relationship Skills for Fragile Families; and currently the Parents and Children Together Reach Project conducted by Mathematica Policy Research in Washington, D.C. Mr. Sullivan holds a Bachelor's degree from Fontbonne University and a Master of Social Work from the George Warren Brown School of Social Work at Washington University in St. Louis.

Plenary Description

This workshop will discuss Fathers' Support Center's evolution into a holistic program for fathers and their families. This workshop will include the organization's history, a description of the *Best Practice Parenting Model* that target fathers/males as a means to prevent child abuse and neglect, and national implications for fatherhood programs.

Learning Objectives

- Increase knowledge of what is a comprehensive fatherhood program.
- Learn how to incorporate responsible fatherhood in child abuse prevention training programs.

Ending Child Abuse and Neglect Fatalities

Terra Frazier, DO, FAAP, Child Abuse and Neglect Pediatrician

Children's Mercy Hospitals and Clinics

Kansas City, MO

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***Sponsored by the Missouri Department of Health & Senior Services (DHSS) – Thank you!**

Dr. Frazier is an Associate Professor of Pediatrics in the Division of Childhood Adversity and Resilience at the Children's Mercy Hospital/University of Missouri-Kansas City School of Medicine in Kansas City, Missouri. Dr. Frazier is board certified in General Pediatrics and Child Abuse Pediatrics. She works full time in the field of Child Abuse Pediatrics in both inpatient and outpatient settings. She also serves as Associate Fellowship Program Director. Dr. Frazier completed medical school at Oklahoma State University College of Osteopathic Medicine, followed by residency and fellowship at Children's Mercy Hospital. She has been active on many county, regional and state panels and taskforces that address child maltreatment in both Kansas and Missouri. She enjoys educating others about the medical aspects of child abuse and has a strong interest in ways to improve communication and build partnerships among multidisciplinary team members.

Plenary Description

Approximately 70 children die each year in Missouri due to child abuse and/or neglect. This session will give an overview of the child maltreatment fatalities in Missouri and the processes that are in place to analyze these deaths and develop prevention strategies. The findings and recommendations of the National Commission to Eliminate Child Abuse and Neglect Fatalities (CECANF), and how these are being addressed, will also be discussed.

Learning Objectives

- Describe the current process of child death review in the State of Missouri
- Identify the key recommendations from the CECANF report
- Cite examples of how Missouri is working to address the CECANF recommendations and improve understanding of child maltreatment fatalities in our state

12:15-1:15 p.m.

Lunch

Sycamore/Cypress

***Buffet lines – Garden Conference Center Lobby**

1:15-1:45 p.m.

Children's Trust Fund Update & Awards

Emily Van Schenkhof, CTF Executive Director

Sycamore/Cypress

1:45-3 p.m.

Four (4) Break-out Sessions (*please choose one*)

The Role of Trauma Informed Care in Child Abuse & Neglect Prevention

Sycamore

Lindsay Kyonka, MSW, LMSW

St. Louis Crisis Nursery

314-292-5770

lindsay@crisisnurserykids.org

The use of Trauma Informed Care as a key component of child abuse/neglect prevention work will be explored in depth to provide participants with a better understanding of the impact of past trauma on families with multiple risk factors for abuse and neglect. Discussion will include outcome-driven, trauma-informed strategies for reducing family risk.

Learning Objectives

- Describe the relationship between past trauma and risk factors for child abuse and neglect
- Utilize core concepts of trauma informed care to inform interventions with families who have multiple risk factors for child abuse and neglect
- Identify trauma informed strategies for engaging families in participant's own practice

The Ring of Safety: Preventing Sexual Abuse against People with Disabilities

Cypress I

Kayla Potter, SHADE Education Specialist

YWCA of Metro St. Louis

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This workshop will introduce the Ring of Safety as protective factors that reduce the likelihood of sexual abuse. While originally conceptualized by Dave Hingsburger in the realm of disability and sexual violence, the presenters will discuss the applicability of these factors for individuals with disabilities and beyond.

Learning Objectives

- Name the six protective factors that make up the Ring of Safety
- Discuss how these factors help prevent abuse against individuals with disabilities
- Name at least two ways attendees' organizations support the Ring of Safety, or could in the future

Problem Sexual Behavior as it Relates to Child Abuse & Neglect Prevention

Cypress II

Matt Moncado, MS, LPC, Director of the Sexually Abusive Youth Program

Good Samaritan Boys Ranch

417-376-2238

mmoncado@ranchlife.com

Rene McCreary, Ed.S., LPC, Director of Counseling Services

Metropolitan Organization to Counter Sexual Assault (MOCSA)

816-285-1374

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This workshop will explore the etiology and treatment of youth with sexually problematic behaviors. Information to support professionals and parents in determining the difference between normal sexual development in children and behaviors outside the range of normal will be provided, and caregiver practices that prevent sexual behavior problems will be outlined. Promising treatment outcomes have been identified and will be shared.

Learning Objectives

- Learn the ability to differentiate between harmful sexual behavior and what is developmentally normal
- Be able to list three factors in youth with problem sexual behaviors
- Become familiar with five sexual behavior rules which supports the prevention of sexually problematic behavior in children

To Prevent or Intervene? ...not the right question

Hawthorne

Melissa Jonson-Reid, PhD, MSW

Ralph and Muriel Pumphrey Professor of Social Work Research, Brown School at Washington University

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Child abuse and neglect is a complex and prevalent problem that suffers from a lack of resources complicated by common held myths about what it is and what we have available to deal with this issue. In a resource scarce environment, it is tempting to be forced into an either/or debate about prevention and intervention. This workshop will cover why ignoring either is impossible from a policy, program and family level perspective and what this means for practitioners, program managers and advocates. We will explore implications for outreach, evaluation and advocacy.

Learning Objectives

- Understand why abuse and neglect can be difficult to define and address and how this impacts the knowledge base and resources
- Understand the limits of an either/or approach to prevention and intervention
- Consider the state of our knowledge and how we should think about measuring what we do

Consider how we can message the need for both primary prevention and intervention as complements not competitors

3-3:15 p.m. Refreshment Break

3:15-4:30 p.m. Four (4) Break-out Sessions (please choose one)

How to Save a Life: Prevention Strategies to End Child Abuse and Neglect Related Fatalities

Sycamore

Terra Frazier, DO, FAAP, Child Abuse and Neglect Pediatrician

Children's Mercy Kansas City

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This workshop will host a discussion of findings from the Child Fatality Review Panel Subcommittee on Child Abuse and Neglect Fatalities' (CFRP-SCANF) in-depth review of infant child death in Missouri in Year 2014. Recommendations from this review and goals moving forward will be presented, and participants will break into small groups to work on implementation strategies of the recommendations.

Learning Objectives

- Identify which prevention strategies can be championed to decrease child maltreatment fatalities
- Formulate strategies for implementation of prevention strategies at community, county and state levels
- Discuss suggestions for areas of focus for ongoing CFRP- SCANF in-depth reviews

Capable Kids and Families – Improving Outcomes for Children with Disabilities and Their Families

Cypress I

Jean Darnell, Executive Director

The Community Partnership

573-368-2849

jean.darnell@thecommunitypartnership.org

This workshop will provide a brief overview of the factors that increase the risk of abuse and neglect to children with developmental delays and disabilities. It will also detail how the Capable Kids and Families program addresses these factors, while increasing parental resilience and competence.

Learning Objectives

- Learn the factors that increase the risk of child abuse and neglect to children with disabilities and delays
- Learn about the Capable Kids and Families program and how it fills a gap in available services
- Learn how the program provides the supports needed to strengthen families

Choosing a Trauma-Informed Culture: What is Your "Why?"

Cypress II

Ashley Fletcher, LCSW, Trauma-Informed Care Coordinator and Residential Therapist

Good Samaritan Boys Ranch

417-376-2238

afletcher@ranchlife.org

"Trauma" has become the buzzword in recent years when talking about working with youth who demonstrate behavioral issues. This workshop is designed to remind participants of the reason for this shift in thinking, and will explore the unique purpose that each participant has for choosing the extremely challenging work we do.

Learning Objectives

- Discuss what it means to be truly "trauma-informed" in our interactions with youth
- Obtain a solid understanding of the effect of trauma on behaviors, and the "root-to-fruit" theory
- Learn how to shift our thinking from "What is wrong with this child?" to "What has happened to this child?"

The Heart of a Father: Understanding Parenting From the Male Perspective

Hawthorne

Destini Goodwin, Managing Director

Fathers' Support Center

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This workshop will explore fathers' parenting styles and the importance of fathers' engagement with their children. This workshop will also explore ways to engage fathers in program services.

Learning Objectives

- Learn about fathers' parenting styles
- Have the ability to provide activities to fathers that engages positive interaction with their children
- Know how to engage fathers in program services

4:30-5:30 p.m. Networking Reception

Garden Conference Center Lobby/Sycamore

Tuesday, April 16, 2019

7:30-9 a.m.

Breakfast

Sycamore/Cypress

***Buffet lines – Garden Conference Center Lobby**

8:15-9:30 a.m.

Morning Plenary

Sycamore/Cypress

From Hysteria to Hope: Bringing Reason to the Fight Against Child Sexual Abuse

Elizabeth Letourneau, Professor

Johns Hopkins Bloomberg School of Public Health

Baltimore, MD

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***Sponsored by the Missouri Department of Health & Senior Services (DHSS)**

Elizabeth Letourneau is Professor, Department of Mental Health, and Director, Moore Center for the Prevention of Child Sexual Abuse, Johns Hopkins Bloomberg School of Public Health. For nearly 30 years she has conducted research to evaluate and influence child sexual abuse prevention, policy and practice. She has more than 70 scientific publications and grant funding from dozens of federal funders and private foundations. Her work has influenced the manner in which children exhibiting sexual behavior problems are assessed and treated, legal policies that pertain to youth who sexually offend, and international strategies to address child sexual abuse.

As the inaugural director of the Moore Center for the Prevention of Child Sexual Abuse, Dr. Letourneau's efforts now focus on developing and evaluating child sexual abuse prevention interventions. One of these projects was featured in a *This American Life* podcast and a TEDMED talk on the prevention of child sexual abuse. Dr. Letourneau served as an expert witness to the Australian Royal Commission into Institutional Responses to Child Sexual Abuse, as a member of the World Health Organization Guidelines Development Group developing Clinical Guidelines for Responding to the Sexual Abuse of Children and Adolescents, and is currently consulting with leaders of the Vatican's efforts to prevent child sexual abuse. Dr. Letourneau is a member of the Maryland State Council on Child Abuse and Neglect and a past president of the Association for the Treatment of Sexual Abusers.

Plenary Description

In this plenary Dr. Letourneau will present child sexual abuse as a public health problem that continues to be treated primarily as a criminal justice problem. She will highlight the strengths and weaknesses of failing to address child sexual abuse from a prevention-focused public health approach. She will describe what prevention “looks like” in general, using several well-known examples (e.g., child safety car seats) and then describe specific CSA prevention efforts she and her team are developing at the Moore Center for the Prevention of Child Sexual Abuse.

Learning Objectives

- Understand that a large proportion of child sexual abuse cases against pre-pubescent children are committed by other children
- Learn that most people adjudicated for child sexual abuse never reoffend sexually
- Describe specific primary prevention efforts

9:45-11 a.m. Four (4) Break-out Sessions (*please choose one*)

Strengthening Families Using Protective Factors

Sycamore

Shauna Kerperin, Executive Director

Missouri Parents as Teachers Association

573-619-4129

skerperin@blairoaks.org

Kathy Nicholson, Early Childhood Coordinator

Palmyra R-1 School District

573-769-2191

Nicholsonk@palmyra.k12.mo.us

This workshop will describe how to partner with families to build skills and problem solve ways to cope with parenting challenges and stressors. When parents feel empowered and equipped with strategies, they are better able to develop a positive and loving relationship with their children. Hear results from educators from their use of strengthening families using protective factors.

Learning Objectives

- Learn specific ways to engage families in proactive ways to help them strengthen their family and skills
- Help families build resilience, problem solve and eliminate risks so they can deal more effectively with life events
- Learn real results from educators in the field who collaborate with families every day

Preserving Hope (Teen Parenting)

Cypress I

Jessica Jobe, Teens as Parents Coordinator

Jefferson City Public Schools

573-680-6400

jessica.jobe@jcschools.us

Information surrounding teenage pregnancy and young parenting is often met with feelings of hopelessness. Come and explore the power of perception and how implementing a strengths-based model can shape our interactions with our youngest families.

Learning Objectives

- Learn how a strengths-based approach to teen parenting gives families the greatest likelihood of success
- Explore practical approaches to building and strengthening relationships with young parents

Talking with Children about Safety from Sexual Abuse

Cypress II

Annie Wilson, Prevention Manager

Missouri KidsFirst

573-632-4600

annie@missourikidsfirst.org

Talking about personal safety and sex creates a protective bond between parent and child, increases confidence for both, and instills knowledge that makes children and teens much less vulnerable. Building on the education provided in Stewards of Children, you will learn how to talk with and listen to children about sexual abuse and personal safety.

Learning Objectives

- Learn why relationships and resilience are the building blocks of safety for children
- Receive examples of how to talk about personal safety with children of all ages
- Learn how to use everyday opportunities to talk with children about sexual abuse

A Collective Impact Approach to Outcomes Focused Home Visiting Collaborations serving Vulnerable Populations

Hawthorne

Sommer Rose, Research Program Manager

Amy Sielaff, Project Coordinator

Promise 1000 Home Visiting Collaboration

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A presentation about Home Visiting professionals working together to strengthen families and prevent child maltreatment by creating outcomes focused collaborations vs model approaches. Small and large group discussions will inform plans for implementation of a collaborative that can have a population-based collective impact on a community/region.

Learning Objectives

- Describe benefits for at-risk children and families derived from home visiting collaboration and focused outcomes as opposed to model specific home visiting
- Evaluate challenges to implementing a collaborative approach
- Propose plans for a collaborative home visiting system that strengthens families and prevents child maltreatment

11:15-12:30 p.m. Three (3) Break-out Sessions (*please choose one*)

Our Own Prevention: Avoiding Burnout on Your Team

Sycamore

Julia Pickup, MSW, LCSW, Program Manager

Behavioral Health Network of Greater St. Louis

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Strategies will be shared for promoting resilience with prevention professionals to minimize their risk of burnout and strengthen program teams. Common risk factors and warning signs of burnout, compassion fatigue, and secondary traumatic stress will be reviewed. The Strengthening Families Protective Factors will be leveraged as a means to apply prevention practices to ourselves and our teams. Assessment tools and activities to develop self-care practice will be provided.

Learning Objectives

- Leave with 2 new ideas to promote resilience to burnout on your team inspired by the Strengthening Families Protective Factors framework
- Gain knowledge of the common risk factors of burnout, compassion fatigue and secondary traumatic stress and how they may present in prevention and mental health professionals
- Obtain assessment and practice tools to increase self-care and resilience for yourself and your team

Healthy Touch for Children and Youth

Cypress

Annie Wilson, Prevention Manager

Missouri KidsFirst

573-632-4600

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Healthy affection and touch is protective from child sexual abuse especially with parents, caregivers and family members. Building on the education provided in Stewards of Children, this training teaches you some guidelines for healthy touch and safe, respectful ways to interact with children.

Learning Objectives

- Receive some guidelines for healthy touch at home in youth serving settings
- Learn how to balance children's needs for warmth and affection with safe, respectful ways of interacting
- Learn about healthy sexual development in children so we can identify normal and abnormal touching behaviors

Triple P – Positive Parenting Program – Ozarks Implementation and Lessons Learned

Hawthorne

Diamond Netzer, Triple P Project Coordinator

Community Partnership of the Ozarks

417-888-2020

dnetzer@cpozarks.org

This workshop will provide an overview of the Triple P Program to help participants understand the varied levels of intervention available. Presenter will share local implementation process and lessons learned. Local evaluation results will be shared and discussed, including future plans.

Learning Objectives

- Understand the complexity of the Triple P Program
- Understanding of implementation process and potential hurdles
- Understand program effectiveness

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Thank you to the Missouri Department of Health & Senior Services (DHSS) for supporting the Children's Trust Fund 2019 Child Abuse & Neglect Prevention Conference!

Additionally, funds from the Community Based Child Abuse Prevention (CBCAP) federal grant from the Department of Health & Human Services, Administration for Children & Families were used in support of this conference.

On behalf of the Children's Trust Fund Board of Directors and staff, thank you for participating in this year's biennial conference on child abuse & neglect prevention!

We also express our sincere gratitude and appreciation to all individuals and organizations who donated their time and talents in making this conference possible, and to those who attended. We hope the information provided and the tools and strategies learned will prove valuable to you in your professional work and personal life.

Most importantly, thank you for continuing to make a lasting and positive difference in the lives of Missouri's children and for your ongoing efforts to build **Strong Families, Safe Kids**. We hope to see you for the 2021 Conference!

CTF Board and Staff

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