Home Visiting

What is it? Home Visiting is a prevention strategy that connects trained health, social services and child development professionals with new and expecting parents to provide education on parenting and child development, build social support and facilitate connections to community services.

Home visiting:
• Improves maternal and child health
• Encourages positive parenting
• Promotes child development and school readiness
• Improves family economic self-sufficiency
• Prevents child maltreatment
Home visitors meet with families in their homes on a regular and frequent basis to develop relationships and provide vital support to help children and families reach their full potential.

Home Visitors:

- Conduct screenings for depression, family violence and food insecurity
- Identify and address health care needs, Medicaid enrollment and primary care physicians
- Provide health education on preventative health care, prenatal care, nutrition, exercise and effects of smoking
- Share information about safe sleep, breastfeeding, immunizations, basic care, medical home, sleep deprivation and stress
- Help parents understand child development milestones and behaviors, responsive care giving and positive discipline practices
- Support positive parent–child interaction and healthy attachment
- Link families to other community resources for basic needs, housing, nutrition, education, employment, clothing, positive parenting, food security and home safety
- Coach parents to achieve education and employment goals