

# Missouri



## Healthy Families America® 2023 State Profile

**Healthy Families America® (HFA)** is the nationally recognized, evidence-based home visiting program of Prevent Child Abuse America®. HFA focuses on building nurturing, safe and secure relationships between parent and child that are essential for all children –and parents– to lead a healthy and productive life. Voluntary home visiting helps new and expectant parents develop the skills and confidence to raise healthy children and increases family well-being by preventing adversity and building resilience during a child's most critical years of development.

**Research with the HFA model demonstrates sustained positive impact for HFA families:**



**Reduced  
recurrence of  
maltreatment  
by 1/3**



**48%  
fewer  
low-birthweight  
infants**



**5x  
more likely to  
enroll in school or  
training programs**



Improved maternal  
and child health



Increased child  
development and  
school readiness



Increased family  
economic self-  
sufficiency



Reduced family  
violence

**By investing in evidence-based home visiting programs, like Healthy Families America®, we strengthen Missouri families, create thriving communities, and save taxpayer dollars.**

## Snapshot of Missouri HFA Data from 2023\*

**1,175**  
families

**12,125**  
home visits

**12**  
sites

**HFA Families in Missouri face varying amounts of stress and challenge:**

**99%** of families live in low-income households

**20%** of families have a caregiver who is age 21 or younger

**26%** of families have a caregiver with less than a high school diploma/GED

\*This snapshot reflects HFA sites that reported at least 1 family received a home visit during their 2023 reporting year.



## A map of Missouri showing its county boundaries. The counties are colored in two colors: blue and light gray. The blue counties are located in the northern, central, and eastern parts of the state, while the light gray counties are located in the western and central parts of the state. The map is oriented with the state's outline, showing the Mississippi River to the east and the Arkansas River to the south.

"[Healthy Families America] gives me the confidence and strength to keep going. The support they've given me is something incomparable to anything I've ever had in my life."

Find out more about HFA's Evidence of Effectiveness at:

<https://www.healthyfamiliesamerica.org>

For more information about Healthy Families America, contact [policyteam@preventchildabuse.org](mailto:policyteam@preventchildabuse.org)