



HOME VISITING HELPS PARENTS & CAREGIVERS!

Supporting parents benefits the whole family! Home visiting has amazing benefits for parents and caregivers, including:

- ✔ Improved **maternal health & mental health** (both pre- and postpartum)
- ✔ **Reduced stress** and improved confidence
- ✔ Access to **resources and supports** for **immediate needs**
- ✔ Increased understanding of **child development and behavior**



DID YOU KNOW...

You can receive home visiting *before* your child is born?

Home visiting can help new and expecting parents with:

- ✔ **Prenatal and postpartum** visits
- ✔ **Preparing your home** for your baby
- ✔ Safe and healthy delivery
- ✔ **Feeding**, including **breastfeeding** support



Learn more or find services near you!



ctf4kids.org/homevisiting



Trust. Support. Advocacy.

HOME VISITING

Early Childhood (Prenatal to Five)

What is home visiting?

Home visiting meets you where you are!

Early childhood home visiting is a **FREE, voluntary service** in which a home-visiting specialist (often trained in nursing, social work, education or other related fields) meets with families to help establish and **achieve goals**, access needed **resources and support** and provide **education** that might help in the journey to raising healthy, happy kids.



DID YOU KNOW...

Home visiting agencies are often already embedded in Missouri communities?

There are many home visiting agencies embedded in communities across Missouri that serve families with varying needs.



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HOME VISITING HELPS CHILDREN!

Babies and children who receive home visiting are more likely to:

- ✔ Be born **full term** at a **healthy weight**
- ✔ Have **healthy growth and development**, including brain development
- ✔ Perform **better in school**
- ✔ Have better **attachment and bonding styles**
- ✔ Receive **necessary screenings and intervention** for elevated needs

DID YOU KNOW...

Kids who receive home visiting do **better in school** and throughout their lives?



DID YOU KNOW...

Home visiting improves **health and safety** for mom and baby?

Home visiting can help YOU:

- ✔ **Reduce stress** and overwhelm
- ✔ Respond to **difficult behaviors**
- ✔ Find **resources and supports** during times of need
- ✔ Build stronger bonds, including **parent-child bonding**
- ✔ Learn **positive parenting** strategies

DID YOU KNOW...

Anyone in Missouri can request home visiting services from one central webpage?

How do I get started?

You can use the QR code below to **request home visiting services** no matter where you live in Missouri.

- ✔ Visit the link or scan the QR code
- ✔ Scroll to the map and select your county from the dropdown menu
- ✔ Click on the link provided to request home visiting services or to learn more

ctf4kids.org/homevisiting



Connect to home visiting near you

